

Northern Virginia Volleyball



GALAXY 17s **2009 Recruiting Guide**



From left to right: (Back row) Erin Rowe, Danielle O'Brien, Anna Claire Loper, Head Coach Rebecca Ruiz Johannes, Nadine Slocum, Melissa Cousins, Jennie Ceh,
(Front row) Sally Wrenn, Jenn Brouder, Bridget Duffy, Amanda Miller, Katie McAndrew

Northern Virginia Volleyball

#1 Danielle O'Brien

Setter \ DS



Height: 5'7" | Hand: Right | Jump Reach: 8'6"

School: J.E.B. Stuart High School

Class: 2010 | GPA: 3.9

Academic Interests: Political Science, Marketing,
Literature, Visual Arts

Honors and Awards:

National Honor Society/ National Arts Honor Society
Scholar Athlete Award: 2007/2008/2009
A-B honor roll: 2007/2008/2009
MVP and first-team all district: varsity softball 2008
Editor of J.E.B. Stuart art and literary magazine

#2 Erin Rowe

Libero



Height: 5'5" | Hand: Right | Jump Reach: 8'6"

School: Robinson Secondary School

Class: 2010 | GPA: 4.1

Academic Interests: Chemistry or Biology for pre-med

Honors and Awards:

National Honor Society: Spanish/ History/ Math
National English Honor Society – treasurer
IB Student Advisory Board
A Honor Roll – 2007, 2008
MVP Volleyball – 2007, 2008

#3 Anna Claire Loper

Outside Hitter \ DS



Height: 5'10" | Hand: Right | Jump Reach: 8'10"

School: J.E.B. Stuart High School

Class: 2010 | GPA: 3.9

Academic Interests: Literature, History, and
Psychology

Honors and Awards:

Tri-M Honor Society (a Music Honor Society)
AB Honor Roll-2007, 2008, 2009
Scholar Athlete-2007, 2008
Student Athlete Award

#4 Jennie Ceh (Captain)

Setter



Height: 5'6" | Hand: Right | Jump Reach: 9'0"

School: Chantilly High School

Class: 2010 | GPA: 3.8

Academic Interests: Math

Honors and Awards:

National Honor Society
Spanish Honor Society
Sportsmanship Award for Freshman Team
Fall Academic Sports Award – 2006, 2007, 2008
Girl Scout Bronze, Silver and Gold Award

#5 Nadine Slocum

Opposite



Height: 5'9" | Hand: Left | Jump Reach: 8'9"

School: J.E.B. Stuart High School

Class: 2010 | GPA: 3.7

Academic Interests:

Honors and Awards:

Tri-M Honor Society (a Music Honor Society)
Scholar Athlete - 2007, 2008, 2009
AB Honor Roll – 2007, 2008, 2009
District Honor Choir -2006, 2007, 2008
Freshman Volleyball MVP-2006, JV Captain - 2007

#6 Bridget Duffy

Middle Blocker



Height: 5'9" | Hand: Right | Jump Reach: 9'2"

School: Robinson Secondary School

Class: 2010 | GPA: 3.8

Academic Interests: Business and Marketing

Honors and Awards:

National Honor Society
Robinson History Honor Society
AB Honor Roll – 2007, 2008, 2009
Scholar Athlete - 2007, 2008, 2009
3 Letter Athlete – Volleyball, Swim, Track & Field

#7 Katie McAndrew**Outside Hitter**

Height: 5'10" | Hand: Right | Jump Reach: 9'0"
School: J.E.B. Stuart High School
Class: 2010 | GPA: 3.6
Academic Interests: Music and History

Honors and Awards:
 National Honor Society/ Tri-M Honor Society
 AB Honor Roll/ Scholar Athlete 2007, 2008, 2009
 District Honor Choir – 2008, 2009
 2009 Nominee – VA Governor's School for the
 Performing Arts – Vocal

#8 Jenn Brouder (Captain)**Outside Hitter\ MB**

Height: 5'10" | Hand: Right | Jump Reach: 9'5"
School: Robinson Secondary School
Class: 2010 | GPA: 4.0
Academic Interests: Physical Therapy and Writing

Honors and Awards:
 All A's Honor Roll – 2007-2008
 Most Spirited Freshmen – 2006
 Coach's Award – 2007

#10 Sally Wrenn**Middle Blocker**

Height: 5'10" | Hand: Right | Jump Reach: 9'2"
School: Oakton High School
Class: 2010 | GPA: 3.3
Academic Interests: History or Business

Honors and Awards:
 French Honor Society
 Scholar Athlete - 2006
 National AAU basketball

#11 Melissa Cousins**Outside Hitter**

Height: 5'11" | Hand: Right | Jump Reach: 9'3"
School: Woodbridge High School
Class: 2011 | GPA: 3.0
Academic Interests: Computer Science ,Web
 Development, Counseling

Honors and Awards:
 Varsity Letter Volleyball Freshman & Sophomore Yr
 Coach's Award – 2008

#15 Amanda Miller**Opposite**

Height: 5'9" | Hand: Right | Jump Reach: 8'7"
School: Robinson Secondary School
Class: 2010 | GPA: 4.0
Academic Interests: Business or Marketing/
 Advertising/ Computer Science

Honors and Awards:
 National Honor Society/ A Honor Roll (07, 08, 09)
 Robinson Science Fair – 2nd place Physics 2009
 Scholar Athlete – 2007, 2008, 2009
 Northern Region Athletic Honor Roll
 Robinson Soccer – Goalkeeper - 2007, 2008



Northern Virginia Volleyball

The philosophy and intent of NOVA is to promote and develop the sport of volleyball at the middle/high school level. This is done through an emphasis on technical instruction that teaches the skills and attitudes needed to play the sport competitively. Goal setting and achievement of those goals are emphasized and used as measures of success. This assures an atmosphere that promotes individual skill improvement and mental understanding of the game while encouraging competitiveness and fun.

To this end, NOVA places a high degree of emphasis on its coaching staff. All club coaches are certified by the National Coaching Accreditation Program and each team has at least one coach who has served as a head coach at either the High School or Middle School level. Our coaches are extremely dedicated individuals who are determined to give of themselves for the good of the players and the organization.

GALAXY 17s Coaching Staff

Rebecca Ruiz Johannes, Head Coach



Bio: Rebecca played collegiate volleyball at The Catholic University of America in Washington, DC. She began coaching at the high school level in 2001 at Paul VI HS as the JV Head Coach and Varsity Assistant Coach to Gray Achiu. In 2003 Paul VI Varsity won the State Division II Tournament. At the club level, Rebecca has worked with every age group, from 14-18 girls. This is her 8th season coaching. She took a hiatus, last year to focus on officiating. She is currently a collegiate, USA and Beach Certified Official as well as a National Scorekeeper. She has been officiating on the AVP pro beach tour since 2006. In addition to officiating and coaching, Rebecca works full time as a Civil Engineer. Her dedication and love for the game is endless.

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Bret Chen, Assistant Coach
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Charles Ezigbo, Club Director
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Primary Tournaments for 2009

Capitol Hill Classic
Washington, DC
February 14-16

Shamrock Festival
Roanoke, VA
March 14-15

NorthEast Qualifier
Baltimore, MD
April 17-19